

Dear Parents and carers,

We're already well into July and schools will be closing for the summer holiday this month, if they haven't closed already. We can't believe this time has come around so soon. Don't worry if you're anxious about how you can keep your teen happy, especially if you are not going away and it feels as if you've all been at home forever. Though lockdown is easing, there are still restrictions – so we've created a **free guide packed with ideas on things they can do over the summer** (suitable for ages 14-18) that they will enjoy and will help them get ahead but with lockdown in mind. More details below.

We're also really excited that for the first time ever, we're going to host two live Q&A chat sessions and we can't wait to see you there. The first includes content from our new guide "six summer habits to help your child stand out from others" and the second is to talk about this year's results (13 August for sixth form qualifications and 20 August for GCSE).

Our gift to you: The Parents' Guide to Getting ahead during the summer holidays - [download our free book](#)

The summer break is a chance for your child to enjoy the better weather, make the most of outdoors, have additional free time to do the things they enjoy and to think about their future and what they might like to do next. You might be worried about how much they've missed on academic studies with school closures and could see the summer as a time for them to catch up. That's great if your child is keen to do so, but don't turn your summertime into a war zone if they don't want to study.

Depending on where they are in their academic journey, there's plenty they can do over the holidays that can help them prepare for the next stage of their life – and it can be fun too! Whether they're 15 and starting to think about what they might like to do when next year's GCSEs are over or whether they're 18 and making plans for adulthood, we've created this guide to help you understand what choices they have and what they might like to do next.

This guide is not written so you do the work for them! It's a source of ideas so you have plenty of suggestions to help encourage and direct your child when they are not sure what to do next.

[Download: The Parents' Guide to Getting ahead during the summer holidays.](#)

Live chat session:

In case you have specific questions about good hobbies for your child to try out this summer, or if you'd just like to join us for a chat, we're hosting a live session for fifteen minutes at 7 pm on Thursday 9 July on our [Facebook page](#). We'll include our top six recommendations for lifelong hobbies that lead to success and we'll answer any questions you have as they come in. We'd love you to be there, but if you can't, we'll post the recording on our website.

We're also hosting a live session to talk about this year's results day and what it means for GCSE and sixth form at 7 pm on Tuesday 28 July on our [Facebook page](#). Again, we'd love you to be there – but if you can't, we'll post the recording on our website.

Virtual work experience

Don't forget, if your child hasn't tried getting some work experience yet this year, there are still virtual placements on offer – **click here**. We keep adding to our list of what's available as new opportunities arise, so the list is much longer than when we first published the article last month.

Exploring options

If you're not sure how to help your child decide what to do after school or college, or what qualifications they might like study next, check out [our article with summaries of the various options that are available](#).

We'll be back soon:

We'll have more for you on 20 July. In the meantime, if you have any questions or areas you'd like more information about in our newsletters, blogs or live chats please get in touch and send us an email at info@theparentsguideto.co.uk so we can help where we can.

If you were forwarded this email and want to subscribe to keep up to date on what's new, [click here](#).

In the meantime, have a great week and ...

**Stay safe and connected,
Vanessa and Darius**

www.theparentsguideto.co.uk

The Parents' Guide to provides parents and carers with the information they need to help their teenage children create successful futures when leaving school, whether after GCSE or sixth form. Our online guides are designed to inform, involve and guide parental support. They include the most up to date information on topics such as post-school options, apprenticeships, universities and revision techniques.

If you no longer wish to receive our newsletters containing free advice, tips and guidance for parents with teenage children, please reply to this email with 'no' and we'll be sure to remove you from our mailing list. If you work in a school or college and wish to move to our newsletter for school advisors, please reply to this email with 'school.'